

Hours of Operation

We are open Monday thru Friday

7:30 a.m. - 5:30 p.m.

After hours, on weekends, & holidays

Psychiatric emergency services for children and adolescents are available through:

- Carl R. Darnall Army Medical Center's Emergency Center, 288-8114/8113
- Metroplex Hospital, 519-8195

Contact Us

Carl R. Darnall Army Medical Center

5th Floor, 5-West Ward

Phone (254) 288-8731

Facsimile (254) 286-7629

Phone Numbers

ON-POST

Alcohol & Drug Abuse	287-5246
Army Community Service	287-2943
Darnall Emergency Dept.	288-8113
Darnall Information Desk	288-8000
Family Violence Hot Line	287-2253
Fort Hood Chaplains	287-HELP
Legal Assistance	287-7813
Mental Health Activity	286-7813
Military Police	287-2176
New Parent Support	287-2286
Social Work Services	288-6474

OFF-POST

SPOUSE & CHILD ABUSE/NEGLECT

Killeen	526-9011
Copperas Cove	547-4286
24-Hour Hot Line	1-800-252-5400
Families in Crisis	634-8309
Family Assistance Center	373-2774

LOCAL POLICE DEPARTMENTS

Killeen Police	526-8311
Copperas Cove	547-4272
Harker Heights	699-7600



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Child & Adolescent

Psychiatry Evaluation Service (CAPES)

Carl R. Darnall Army Medical Center

Welcome, we are glad you're here and look forward to helping your child. The Child & Adolescent Psychiatry Evaluation Service (CAPES) offers a variety of programs & services. We provide comprehensive evaluations and consultations for children & adolescents who exhibit a wide variety of behavioral & psychiatric challenges. Our goal is to provide the most clinically effective and least restrictive level of care to our patients.

Our Services

- **TRIAGE (PARENTS ONLY)**

We perform a screening and classification to determine the priority of need for psychiatric care. Upon completion of required forms, a triage counselor does a brief evaluation of the problem and provides any additional paperwork or forms. The basic-to-advanced triage counselor provides an appointment with a clinician for a comprehensive evaluation and to gather information for definitive treatment recommendations.

- **CRISIS INTERVENTION**
- **PSYCHOSOCIAL EVALUATIONS**
- **PSYCHOLOGICAL TESTING**
- **PSYCHIATRIC CONSULTATIONS**
- **IN-PATIENT ADMISSION/REFERRALS**
- **MEDICATION ASSESSMENTS**
- **SHORT TERM TREATMENT**

Our Services are provided by a knowledgeable staff that includes:

- A Child Psychiatrist
- A Clinical Psychologist
- Clinical Social Workers
- Social Work & Psychology Interns

Eligible Patients

Our Services are available for children and adolescents (infant to 18 years old) of active duty and retired service members who are enrolled in DEERS and are TRICARE eligible.

Support & Education

Attention Deficit/Hyperactivity Disorder (ADHD) Group

Tuesday, 4:15 - 5:30 p.m.

This group is for children who have ADHD. A CAPES therapist provides age appropriate information about ADHD and how to cope with the disorder. Games and activities focus on social skills, patience, listening, planning ahead, self-esteem, and other areas that usually give ADHD children and adolescents problems.

Attention Deficit/Hyperactivity Disorder (ADHD) Psychoeducational Group for Parents

Tuesday, 4:15 - 5:30 p.m.

Depending on the desires of the group members, the group facilitator presents basic-to-advanced information about ADHD and treatments. This affords parents the opportunity to meet other parents of ADHD children and to discuss specific concerns. Individuals who do not have children attending the ADHD children's group are still invited to attend the ADHD Parent Group.

Adolescent Support Group

Wednesday, 4:15 - 5:30 p.m.

This group is a forum for adolescents to discuss pressing issues and to gain insight into themselves and others. This unique approach focuses, but is not limited to, the following issues:

- Personal/interpersonal relationships
- Social/interpersonal skills
- Communication skills
- Problem solving

Anger Management Group (Children)

Thursday, 4:15 - 5:30 p.m.

This group is for children who have difficulty dealing with their anger. The group facilitator provides games and activities that focus on anger control, problem solving, journaling, and self-esteem.

Psychoeducational Group on Anger Management for Parents

Thursday, 4:15 - 5:30 p.m.

This is an education and support group for parents. Participants discuss family dynamics, communication skills, and problem solving. This is an opportunity for parents to meet with other parents and brainstorm about specific concerns.

Referrals

Referrals from various clinics, schools, legal systems, and walk-ins are welcome.

